

PUBLIC REPORTING OF OUTCOMES 2015

*PREVENTIONS
&
SCREENINGS*



Going Above and Beyond

Why we need Screening and Prevention Programs in our area.

According to our 2013 Community Needs Assessment cancer is the second leading cause of death in Virginia. We have developed screening and prevention programs that best fit the needs of our community.

At LewisGale Regional Cancer Center –Pulaski we treat the whole person. Advocates of cancer prevention and cancer screenings allows us to educate our community and better serve and protect your family.

**Table 1. Cancer Incidence Rates by Disease Site
1999-2010**

Cancer Site	Pulaski County	Virginia	United States
Breast	107	22,288	2,214,587
Lung	143	20,908	2,253,409
Prostate	128	22,823	2,295,170
Colon	104	13,004	1,620,429
Urinary Bladder	37	5,975	702,673
All	879	146,318	15,682,921

Community outreach is a top priority for LewisGale Regional Cancer Center Program. The program has supported community health through screening, prevention, and health education.

Cancer Center Monthly Events

- Look Good Feel Better
- Breast Cancer Support Group
- Reaching Out Support Group
- Biweekly Patient Orientation – for new patients and their families

Annual Events

- Holiday Support Group
- Remembrance Event
- Relay for life

Cancer Prevention

Cancer prevention through education has been a regular component of our community efforts. Education is an important factor to prevention of cancers and has the potential to impact numerous individuals at an economically reasonable cost. Topics such as the importance of a healthy diet, regular exercise, weight management, smoking

cessation and therapy management are only a few education topics which are shared with our local population through participation in health fairs, one-on-one sessions prior to screening appointments, group education sessions hosted by churches and employers, and public health symposiums.

One of our Goals for this year was to engage local schools in emergency preparedness and health awareness. With the help of local law enforcement, emergency management officials and several businesses we held a Survive and Thrive event and invited local 4th and 5th graders to participate via field trip along with the community. This Event was held September 17, 2015

Survive and Thrive Community Health Fair

This is a fun filled event for the whole family. Come and join us for an evening filled with fun activities for children and adults. This entire event is dedicated to your health. We provide education that not only helps increase awareness, but also will help you understand how to cope with life's situations.

Topics include:

- Free Health Screenings
- Tobacco Cessation
- Skin Protection
- Online demonstration to help protect your child from internet predators
- Personal Preparedness and Safety for your home
- Rescue Demonstrations by the Police Department
- Severe Weather Warning Presentation
- Red Cross Fire Department Demonstration

Fun Activities:

- Hands on CPR for kids
- Scavenger Hunt for Kids
- Inflatable Obstacle Course
- Medical Helicopter Landing Onsite

We had the teachers provide evaluations so we can gather positive and negative feedback to aide in future programs.

Totals

- *Approx. 240 kids*
- *30 Adults*

The fight against cancer is never easy-spiritually, emotionally, or physically. That's why it helps knowing you're fighting this battle with an experienced partner. We are dedicated not only to fighting an atrocious disease but also to help prevent it from ever occurring.

Cancer Screenings

Our cancer awareness health fair is our way to help support the needs of our community. This event is held in the fall of the year, not only to help educate the community on the prevention of cancer but to offer free cancer screenings to assist in early detection.

We held our Annual Cancer Awareness Health Fair on October 13, 2015 at LewisGale Regional Cancer Center Pulaski. We sponsored an Employee Health Screening at Volvo Trucks in Dublin, VA which included skin cancer screenings and prostate cancer screenings.

Free Screenings

- Skin Cancer
- Breast Exams
- Prostate Cancer- PSA and DRE
- Cervical Cancer- PAP/pelvic exam
- Colon Cancer- provided Fecal Occult Blood Test
- Blood Pressure

Totals

- Skin-49
- Breast- 9
- Prostate- 32
- Cervical-9
- FOBT- 15
- BP-13

Information Tables

- Family Cancer Genetic Risk Assessment- Misty Williams, MS,LCGC, Genetic Counselor
- Palliative Care
- Lung Cancer
- Nutrition
- Colon Cancer

“Recognized and Accredited by the Commission on Cancer”

Our Cancer Care Team

*"They may forget
what you said but
they will never
forget how you
made them feel."*

-Carl W. Buechner

Our core team consists of two Radiation Oncologists, a Medical Oncologist, a Director, six Radiation Therapists, three PRN Radiation Therapists, two Dosimetrists, a Physicists, two Oncology certified RNs, six RNs, a LPN, two Oncology Nurse Navigator and Palliative Care Coordinators, one Tumor Registrar, two Office Systems Specialist, and a Patient Benefit Representative.

In addition to our core team, with our nurse navigator and palliative care programs, onsite dietician services and genetic counseling, our cancer center provides support and guidance in taking care of not just an individual but their families as well.

Our team strives to treat everyone who enters our center with respect and compassion, to give the greatest quality of care while maintaining high standards in integrity, accountability, and excellence.
